

WORKWEAR & FOOTWEAR SIZE GUIDE

PORTWEST | BISLEY WORKWEAR |
BISON WORKWEAR | CROCS

HOW TO USE THIS GUIDE

Measure close to the body overlaid clothing, keeping the tape level and comfortably snug. Compare your measurements with the relevant brand table. When between sizes, consider the garment style, intended layering and the brand-specific fit notes.

Brand	Included sizing
Portwest	Garments, trousers, women's conversion, footwear and gloves
Bisley Workwear	Women's, men's tops, shirts, pants and overalls
Bison Workwear	Men's and women's apparel, trousers, overalls, rainwear and footwear
Crocs	Adult footwear conversion and heel-to-toe length

PORTWEST GARMENTS

Portwest garments are designed with room for comfort and movement. Check individual product pages where a style is offered in regular, tall or extra-tall fits.

Portwest size	Chest (in)	Chest (cm approx.)	Typical AU/NZ alpha size guidance
XXS	28-30	72-76	Very small / selected styles
XS	32-34	80-88	XS
S	36-38	92-96	S
M	40-42	100-104	M
L	44-46	108-112	L
XL	48-50	116-124	XL
2XL	52-54	128-132	2XL
3XL	56-58	136-140	3XL
4XL	60-62	144-148	4XL
5XL	64-66	152-160	5XL
6XL	68-70	164-172	6XL
7XL	72-74	176-184	7XL
8XL	76-78	188-196	8XL

Portwest Mens Trousers and Work Pants

Waist Size (CM)	67	72	77	82	87	92	97	102	107	112
Waist Size (IN)	26	28	30	32	34	36	38	40	42	44
Alpha Guide	XXS	XS	S	M	L	XL	2XL	3XL	4XL	5XL

Women's Apparel

Women's size	6	8	10	12	14	16	18	20	22
Bust / chest (cm)	80	88	96	100	100	105	110	115	120
Alpha guide	XS	S	S	M	M	L	XL	XL	2XL
Waist (cm)	64	68	72	76	80	88	92	96	100
Waist (IN)	24	26	28	30	32	34	36	38	40

PORTWEST FOOTWEAR & GLOVES

Use UK sizing as the primary footwear reference. For gloves, measure around the widest part of the palm, excluding the thumb. Product availability can vary by style.

Glove fitting tip: If your measurement falls between sizes, choose the larger size. Portwest also recommends sizing up for cut-resistant gloves because these styles generally have less stretch.

Footwear conversion - men / unisex

UK	5	6	6.5	7	8	9	10	10.5	11	12	13	14	15	16	17
US Men	6	7	7.5	8	9	10	11	11.5	12	13	14	15	16	17	18
EU	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52

Footwear conversion - women

UK	3	4	5	6	6.5	7	8	9
US Women	5	6	7	8	8.5	9	10	11
EU	36	37	38	39	40	41	42	43

Glove and hand sizing

Glove size	XXS / 5	XS / 6	S / 7	M / 8	L / 9	XL / 10	2XL / 11	3XL / 12	4XL / 13
Palm circumference (mm)	127	152	178	203	229	254	279	304	329
Palm circumference (in)	5	6	7	8	9	10	11	12	13
Hand length (mm)	148	160	171	182	192	204	215	225	235
Minimum glove length (mm)	204	215	225	240	250	260	275	295	315

PORTWEST - COVERALLS & ACTION BACK OVERALLS

Use chest, waist and in-leg measurements together. Regular, stout and long fits are product-specific; check the style listing before ordering.

Regular size	77R	82R	87R	92R	97R	102R	107R	112R
Chest (in)	32-34	36-38	40-41	42-44	46-48	50-52	54-55	56-58
Chest (cm approx.)	80-88	92-96	100-104	108-112	116-124	128-132	136-140	144-148
Waist (in)	30	32	34	36	38	40	42	44
Waist (cm approx.)	77	82	87	92	97	102	107	112
In-leg (cm)	77	79	81	83	85	87	89	91
Alpha guide	S	S	M	L	L	XL	2XL	2XL

BISLEY WORKEAR- MENS & WOMENS TOPS

Bisley offers traditional, modern and active fits. Traditional is the roomiest; Modern is slimmer; Active is approximately one size smaller than Traditional.

Women's size	6	8	10	12	14	16	18	20	22	24
Bust (cm)	80	85	90	95	100	105	110	115	120	125
Natural waist (cm)	60	65	70	75	80	85	90	95	100	105
Lower waist (cm)	67	72	77	82	87	92	97	102	107	112
Hip (cm)	87	92	97	102	107	112	117	122	127	132
In-leg (cm)	75	75	77	77	80	80	80	80	80	80

Men's jackets and knitwear

Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
Chest (cm)	87	92	97	102	107	112	117	122	127	132
Chest (in)	34	36	38	40	42	44	46	48	50	52

Men's shirts

Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
Neck (cm)	36	37/38	39/40	41/42	43/44	46	48	50	52	54
Chest (cm)	81	89	97	105	113	121	129	137	145	153
Chest (inch)	32	35	38	41	44.5	47.5	50.5	54	57	60

BISLEY WORKWEAR - MENS PANTS

Regular, stout and long fits use different in-leg lengths. Select by waist first, then choose the fit designation shown on the product.

Regular size	72R	77R	82R	87R	92R	97R	102R	107R	112R	117R
Waist (cm)	72	77	82	87	92	97	102	107	112	117
Waist (in)	28	30	32	34	36	38	40	42	44	46
In-leg (cm)	77	80	82	84	84	84	84	84	84	84
	XXS	XS	S	M	L	XL	2XL	3XL	4XL	5XL

BISLEY WORKWEAR - MENS OVERALLS

Bisley overalls are selected by chest, waist and in-leg. Choose regular, stout or long according to body shape and required leg length.

Regular size	77R	82R	87R	92R	97R	102R	107R	112R	117R
NZ size	3R	4R	5R	6R	7R	8R	9R	10R	11R
Chest (cm)	87	92	97	102	107	112	117	122	127
Chest (in)	34	36	38	40	42	44	46	48	50
Waist (cm)	77	82	87	92	97	102	107	112	117
Waist (in)	30	32	34	36	38	40	42	44	46
In-leg (cm)	76	78	80	80	80	80	80	80	80

BISON WORKWEAR - APPAREL

Bison measurements are body measurements .Keep the tape comfortably against the body without pulling tight.

Men's size	3XS	2XS	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL	7XL	8XL
Chest (cm)	75-80	80-85	85-90	90-95	95-100	100-105	105-112	112-119	119-126	126-133	133-140	140-147	147-154	154-161
Chest (in)	30-32	32-34	34-36	36-38	38-40	40-42	42-45	45-48	48-50	50-53	53-56	56-59	59-62	62-64

Women's polos and rainwear jackets

Size	6	8	10	12	14	16	18	20	22	24	26	28
Chest (cm)	80-85	85-90	90-95	95-100	100-105	105-112	112-119	119-126	126-133	133-140	140-147	147-154

Women's trousers and shorts

Size	6	8	10	12	14	16	18	20	22	24	26
Waist (cm)	70-75	75-80	80-85	85-90	90-95	95-102	102-109	109-116	116-123	123-130	130-137
Hips (cm)	90-95	95-100	100-105	105-110	110-115	115-122	122-129	129-136	136-143	143-150	150-157

BISON WORKWEAR - TROUSERS, OVERALLS & RAINWEAR

Men's trouser size	67	72	77	82	87	92	97	102	107	112	117	122	127	132
Lower waist (cm)	65-70	70-75	75-80	80-85	85-90	90-95	95-100	100-105	105-110	110-115	115-120	120-125	125-130	130-135
Lower waist (in)	26-28	28-30	30-32	32-34	34-36	36-38	38-40	40-42	42-44	44-46	46-48	48-50	50-52	52-54

Overalls and dustcoats

Metric size	72R	76R	80R	84R	88R	92R	97R	102R	107R	112R	117R	122R	127R	132R	142R
Previous size	3	4	5	6	7	8	9	10	11	12	13	14	15	16	18
Chest (cm)	80-84	84-88	88-92	92-96	96-100	100-105	105-110	110-115	115-120	120-125	125-130	130-135	135-140	140-145	150-155
Waist (cm)	70-74	74-78	78-82	82-86	86-90	90-95	95-100	100-105	105-110	110-115	115-120	120-125	125-130	130-135	140-145

Rainwear trousers / bib trousers / food-industry trousers

Size	XS	S	M	L	XL	2XL	3XL	4XL	6XL	8XL
Lower waist (cm)	75-80	80-85	85-90	90-95	95-100	100-105	105-110	110-115	120-125	130-135
Lower waist (in)	30-32	32-34	34-36	36-38	38-40	40-42	42-44	44-46	48-50	52-54

BISON WORKWEAR - FOOTWEAR

Use the insole length as an additional check where available. Wide-fit sizes are marked with W.

Men's NZ/AU/UK	4	5	6	7	8	8W	9	9W	10	10W	11	11W	12	12W	13	14
Women's equivalent	6	7	8	9	10	10	11	11	12	12	13	13	14	14	15	16
EU	37	39	40	41	42	42	43	43	44	44	45	45	46	46	47	48
US	5	6	7	8	9	9	10	10	11	11	12	12	13	13	14	15
Insole length (mm)	246	255	263	272	280	280	288	288	297	297	305	305	314	314	322	331

CROCS FOOTWEAR - ADULT SIZES

Crocs are sold in whole sizes. If you normally wear a half size, Crocs recommends selecting the next whole size up.

Heel-to-toe	US/NZ Women	US/NZ Men	UK Women	UK Men	EU	Japan
20 cm	4	2	2	1	33-34	20
21 cm	5	3	3	2	34-35	21
22 cm	6	4	4	3	36-37	22
23 cm	7	5	5	4	37-38	23
24 cm	8	6	6	5	38-39	24
25 cm	9	7	7	6	39-40	25
26 cm	10	8	8	7	41-42	26
27 cm	11	9	9	8	42-43	27
28 cm	12	10	10	9	43-44	28
29 cm	13	11	11	10	45-46	29
30 cm	14	12	12	11	46-47	30
31 cm	15	13	13	12	48-49	31

Heel-to-toe	US/NZ Women	US/NZ Men	UK Women	UK Men	EU	Japan
32 cm	16	14	14	13	49-50	32
33 cm	17	15	15	14	50-51	33
34 cm	18	16	16	15	51-52	34
35 cm	19	17	17	16	52-53	35

Measuring tip: Stand with your heel lightly touching a wall. Mark the end of your longest toe and measure from the wall to the mark.

Important sizing note

All tables are intended as a practical online shopping guide. Individual products may have different cuts, stretch, layering allowances or fit profiles. For uniforms, bulk orders or branded garments, a sample fitting is recommended before finalising quantities. If you are unsure about sizing, please contact the Tradestaff Workwear team for assistance. Please note that customised or branded garments cannot be returned or exchanged due to incorrect sizing unless the item is faulty.